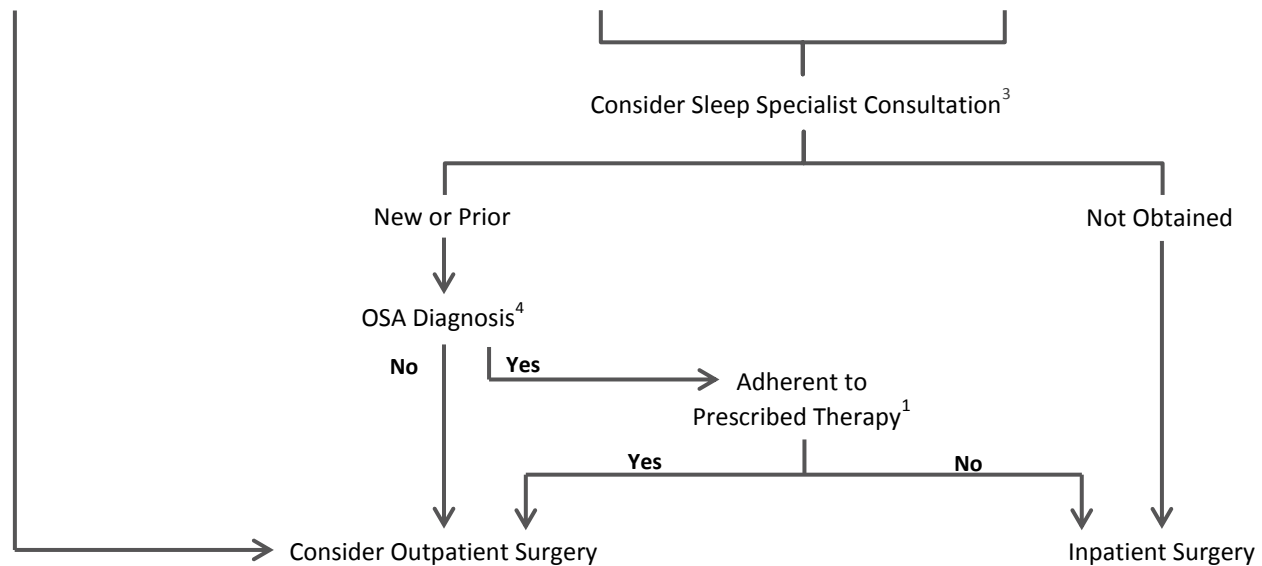


Sleep Apnea Risk Guide to Assess Suitability for Outpatient Surgery Patients

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|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Low Risk</p> <ul style="list-style-type: none"> • No observed sleep apnea AND STOP-BANG <3 or equivalent, AND • No relevant comorbidities AND BMI <40 | <p>Moderate Risk</p> <ul style="list-style-type: none"> • OSA patient adherent to prescribed therapy¹, OR • STOP-BANG 3-6 or equivalent, OR • Observed sleep apnea, OR • BMI >35 AND chronic opioids OR BMI >40² | <p>High Risk</p> <ul style="list-style-type: none"> • Diagnosed OSA, not adherent to therapy, OR • STOP-BANG >6 or equivalent, OR • Known obesity-hypoventilation syndrome |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|



¹ Adherence to prescribed therapy is demonstrated by verified use (ideally two weeks).

² Consider obesity-hypoventilation syndrome

³ See Chung F, Subramanyam R, Liao P, Sasaki E, Shapiro C & Sun Y (2012). High STOP-Bang score indicates a high probability of obstructive sleep apnoea. *British Journal of Anaesthesia*. 8pages. [Epub before print] 8 March

⁴ See Chung F. (2011). It may be unsafe for patients with untreated severe OSA requiring postoperative narcotic to undergo ambulatory surgery. *Journal of Clinical Sleep Medicine*. 7(1), 111.